

**Charter School of New Castle School Wellness Policy: Triennial Assessment  
2023**

**Meeting Date:** *March 2023*

**Meeting Details:** *Wellness Committee (Director of Operations, Director of Technology, Meal Program Coordinator, Nurse and 1 student)*

**Purpose of Meeting:** *Review Wellness Policy and make updates.*

**Meeting Outcomes:** *Charter School of New Castle committee met to discuss the current wellness policy. We discovered that information regarding contact information was outdated and this information was updated with new information. We also discovered that a few of the nutritional details needed some slight revision however overall the information remained relatively consistent.*

**Details Regarding Triennial Assessment**

An assessment of your school wellness policy must be conducted a minimum of once every three years per United States Department of Agriculture (USDA) regulations; however, Local Educational Agencies (LEAs) may assess their policy more frequently if they wish.

**Purpose**

The assessment summarizes the information gathered during the assessment. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy 2) how the wellness policy compares to model wellness policies 3) progress made in attaining the goals of the wellness policy.

**Results**

The copy of the assessment, as well as the current wellness policy, must be made available to the public. Our LEAs choose to post the results on our website. Sponsors may use this template to organize the assessment conducted and make it available to the public.

**Recordkeeping**

LEA's must keep a copy of the most recent triennial assessment, along with supporting documentation on file. State agencies will assess compliance with the wellness policy requirements as a part of the General Areas of the Administrative review every three years.

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Wellness Coordinator:</b> Has identified at least one person as responsible for facilitating the wellness policy upkeep  Name person responsible for facilitating the upkeep: <u>Felicia Harrison</u>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: The wellness coordinator will do their best to maintain the requirements as listed in this assessment and wellness policy.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Stakeholder Participation:</b> Allow parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, evaluation and update of the wellness policy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: We need to develop more parent involvement in the evaluation of the meal/nutrition program. We include Wellness Council Committee members and will poll students for participation but not consistently obtain feedback from parent base.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>USDA Requirements for School Meals:</b> Has assured school meals meet the USDA requirements	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: This has remained consistent with the requirements/guidelines from the state.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutrition Education:</b> Has at least 2 goals for nutrition education List goals: 1. Discussing Nutrition Benefits 2. Discussing a balanced meal selection	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Our students are learning about growing their own food and how our meal program supports their nutritional goals and health habits.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Nutrition Promotion:</b> Has at least 2 goals for nutrition promotion List goals: 1. Discussing Nutrition Benefits 2. Discussing and providing options for a balanced meal selection	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Our students are learning about growing their own food and how our meal program supports their nutritional goals and health habits.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Physical Activity:</b> Has at least 2 goals for physical activity List goals: 1. Physical Education Courses Offered to All 2. Afterschool Physical Education offered	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Describe progress and next steps: Students demonstrate more excitement and interest in our physical education offerings.			

School Wellness Policies are to Include:	Meeting Goal	Meeting Goal Partially	Not Meeting Goal
<b>Communication:</b> Annually inform and update parents, students, staff, and the community about the content and implementation of the wellness policy and provide a way for additional stakeholders to be able to participate	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<p><b>Describe progress and next steps:</b>  The Charter School of New Castle provides parents with information about our meal/nutrition program along with the wellness policy however as noted above we need to include more parent input on changes to the wellness plan. To date, we have engaged a few parents but need to expand to a large group. We are thinking about utilizing surveys as a way to increase our touch points.</p>			

Include any additional notes, if necessary:

### Section 3. Comparison to Model School Wellness Policies

Indicate model policy language used for comparison. Model policies may be found [here](#).

- Alliance for a Healthier Generation: Model Policy
- Upgrade Sample Language
- Other (please specify): \_\_\_\_\_

Describe how the school wellness policy compares to model wellness policies.

Our wellness program mirrors the policy through alliance for a healthier generation because we to want to healthier organizations, and businesses, we're building healthier communities that support children's physical, social, and emotional health. We have used the guidelines and templates from the Alliance program. In Delaware, we're making it easier for kids to develop healthy habits.